

MY father never talked to me about how to treat people. Every act of kindness I have ever shown another person was because I was trying to imitate him.

Pamela McGrew

Kids 'n' Dad services families in Waterloo Region. Its goal is to ensure that children from a separated family have two parents co-operating and actively supporting them as they develop and mature into adulthood.

Research into father involvement provides evidence that children are most likely to have positive outcomes when they have an active, supportive father. The challenge is to ensure that this supportive involvement continues post separation.

Every son, at one point or another, defies his father, fights him, and departs from him, only to return to him---- if he is lucky--- closer and more secure than before.



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At Kids 'n' Dad, the New Family Bill of Rights is the framework we use for rebuilding the relationships children have with their separated or divorced parents.

#### NEW FAMILY BILL OF RIGHTS

- Each child has the right to have two homes where he or she is cherished and given the opportunity to develop normally.
- Each child has the right to a meaningful, nurturing relationship with each parent.
- Each parent and child has the right to call themselves a family regardless of how the children's time is divided.
- Each parent has the responsibility and right to contribute to the raising of his or her child.
- Each child has the right to have competent parents and to be free from hearing, observing, or being part of their parent's arguments or problems with one another.
- Each parent has the right to his or her own private life and territory and to raise the children without unreasonable interference from the other parent.

New Family Bill of Rights from : Isolina Ricci, <u>Mom's House</u>, <u>Dad's House</u>



# KIDS 'N' DAD

Because children of divorce deserve two loving parents in their lives



"It is up to each parent to make the question of custody irrelevant by accepting that each parent's love is of equal importance, that each parent brings similar ana complementary skills to the raising of their children and that each parent will make the personal changes necessary to meet their children's needs changed in family circumstances."

Barry Lillie, Founder Kids 'N' Dad



Making a difference... for a lifetime!

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### KIDS 'n' DAD CORE SERVICES

Consultation – one on one interview evaluating your individual situation-Each client will receive a package of materials tailored to their family's specific needs

Fathering Plan – a process to develop a detailed blueprint to continue parenting in changed family circumstances

Parenting Plans – a collaborative process agreed to by both parents to ensure that their children have two involved parents after a separation

Mediation Services – parents have access to experienced mediators to support their efforts to arrive at effective parenting plans

Support groups – recommendations will be made for parenting programs available through this and other agencies.



Making a difference... for a lifetime



## Why is it Important to have Two Parents Involved?

- School aged children are better academic achievers
- Children are more likely to enjoy school, have better attitudes toward school and participate in extracurricular activities
- Children are more likely to have positive peer relations
- Parental warmth and nurturing improves children's moral maturity
- Children experience overall life satisfaction
- Children are more likely to grow up to be tolerant and understanding

...and yet, in a shocking 50% of cases, fathers lose meaningful contact with their children as an outcome of separation or divorce.



## KIDS 'n' DAD <u>SPECIALIZED SERVICES</u>

Support – to work effectively with different agencies such as Family and Children Services, Family Responsibility Office, etc...

Letter Writing – for individuals with limited English language skills and to assist in working with the different agencies

Counselling – to help a parent maintain, rebuild, or re-establish a relationship with their child after a long absence

Guest Speaker – on topics related to shared parenting through changed family circumstances

Divorce calls for a total redefinition of who you are as a father and challenges you to come up with a plan for how to maintain or surpass the relationship you had with your children during your marriage.

Judith Wallerstein,

Author of 'What About the Kids'