

2. Standards of Conduct for Parents

Parents who write their own parenting plans or who use mediators will add their own version of some or all of the following ground rules. These standards help to set the tone for the plan and explain how parents expect to organize their day-to-day lives.

SAMPLE STANDARDS OF CONDUCT

- A. Both parents will make their whereabouts known to _____ (the other parent or a designated person or persons) so that they can be reached in an emergency.
- ✓ B. Both parents will give an address and phone number to one another and to all child care providers.
- ✓ C. Both parents will have access to all medical and school records and direct contact with personnel working with or caring for the children. It is our intent that both of us know about the children's needs and education. We agree to coordinate efforts regarding transportation, conferences, and consultations.
- D. Both parents will accommodate their children's desires to spend more time with the other parent for special activities or "together" time.
- E. Neither parent shall do anything that would estrange the children from the other parent or impair the child's love and respect for a parent.
- F. Both parents are free to attend the children's activities, even if the child is not residing with that parent at the time. The nonresident parent will not interfere in the child's schedule or with the resident parent's plans. For example, if a child is residing with his father and his mother visits him at school, she will not take the child off the school grounds. Neither the resident parent nor the school should have to be concerned about the child's whereabouts or changes in plans without prior discussion and agreement.
- G. Each child will have the opportunity to spend extra time with a nonresident parent by asking either parent for additional time. The resident parent has the final say.
- H. The parents agree that the child will have unrestricted phone access to a parent (or by beeper, e-mail, regular mail, and so on) and that a parent will have reasonable, unrestricted access to the child by these or other similar means.
- I. Whenever appropriate, the children's wishes will be seriously considered when decisions are made regarding their times and activities with each parent.

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- J. The parents will communicate regularly to discuss the needs and progress of the children. They agree to inform one another of significant events during the time the child is with them and to do so before or at the time the children change residence. This includes information about school, activities, events, medications, or health needs as well as the children's feelings, moods, and physical health.